

## Visit to Malaysia (29<sup>th</sup> July -2<sup>nd</sup> August 2019)

For WorkStream 3 – DePEC Nutrition RCT, Dr Mario Siervo and Dr Andrea McGrattan travelled to Malaysia to meet with colleagues from Monash University Malaysia and the South East Asia Community Observatory (SEACO) in Segamat Johor. Our time was spent meeting the local research staff who will be implementing the DePEC Nutrition RCT. We delivered training on dietary assessment methods, implementation of the DePEC dietary intervention materials and the use of equipment for the study outcome measurements. We also visited the local community health clinics (KK Chaah and KK Segamat) where the DePEC Nutrition RCT will be facilitated and met with health and medical staff to finalise study procedures. We were also honoured to have the opportunity to visit UniKL where we delivered a talk on DePEC Nutrition RCT and met with research staff.









